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be careful take care of oneself

DIGITAL SAFETY FOR YOUTH

Virtual Lunch & Learn

MAR 11, 2026 @ 12 PM

EDUCATING CAREGIVERS

YOUTH PARENT/GUARDIANS

DISCUSSION TOPICS

- Overview of Apps (Functionality, Privacy Standards, etc.)
- Signs of Human Trafficking and How to Keep Your Child Safe



**“SHAPING
THE FUTURE,
OUR YOUTH
ARE SACRED”**

The Youth Digital Safety Lunch & Learn is a series of workshops designed for individuals working with youth, to promote healthy online practices. This series will adopt a train-the-trainer model with resources tailored for specific groups.

These materials will be shared with the Syilx Nation bands and service providers who support Syilx youth.

It will provide tools to help those who need to support children and youth in navigating the digital world, incorporating Indigenous values of respect, reciprocity, and responsibility.

For more information, contact:

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You Empowered Strong (YES)

The YES program provides community awareness, education and training as well as resources on de-normalizing violence and sexual assault as one of the key steps to create change and change behaviors.