



k'knxtwix^w | help each other

You Empowered Strong Presents: **SPECIALIZED TRAINING**

December 9, 2025 | 8:30 a.m. to 4:30 p.m.

DoubleTree by Hilton

2569 Dobbin Road, Westbank, BC

The YES program is committed to supporting the Sylx Nation in addressing family violence and sexual harm. This full-day training, offered in the spirit of k'knxtwix^w, strengthens our collective ability to respond to violence. Participants will engage in learning, dialogue, and reflection to enhance safety and capacity across the Okanagan Nation.

Open to Nation-based workers and community members who respond to violence or sexual harm

*Breakfast and lunch will be provided.
Accommodations available for those traveling.

Limited spots of 24 seats

Topics covered:

- Responding to sexual harms
- Understanding family violence
- Supporting digital safety for parents and caregivers
- Developmental impacts of interpersonal trauma



For more information, contact:

Darryl-Jean Peeman, YES Team Lead
YES.TeamLead@syilx.org
778-392-8133

www.okanagannation.com

You Empowered Strong (YES)

The YES program provides community awareness, education and training as well as resources on de-normalizing violence and sexual harm as one of the key steps to create change and change behaviors.