



SQILX^w- SYILX BIRTHING GATHERING

June 26-27, 2023

Enowkin Centre,
Penticton BC



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The Syilx Birthing Gathering is going to focus on knowledge sharing for those who are expecting, preparing themselves or supporting someone before, during and after their pregnancy.

Topics of discussion include pelvic health, post-partum, breast feeding, Syilx protocols and an overall open discussion to share ones thoughts or experiences. Please note that this is the first gathering that is focusing on birthing and is a starting place for future sessions.

Activities

- Art Barn
- Children's Activity Space
- Open Space Dialogues
- Baby & Maternity Clothing Exchange

Prizes

- Baby Boards
- Baby Moccasins
- Mom Self-Care Package
- Syilx Lullabies

This gathering is open to Syilx life givers (those who have or plan to give birth to Syilx babies)

The following participants are welcome in this space:

1. Syilx life givers
2. Life givers giving birth to Syilx babies
3. Staff of a Syilx community directly supporting Syilx life givers (i.e. maternal child health, nurses, sexual and reproductive health staff)

For more information contact:

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