

# INTERNATIONAL *Survivors of Suicide Loss Day*

## JOIN US VIRTUALLY ON NOVEMBER 20TH

International Survivors of Suicide Loss Day is an event in which survivors of suicide loss come together to find connection, understanding, and hope through their shared experience.

We will be hosting Wellness related giveaways, sharing resources, and raising awareness leading up to International Survivors of Suicide Loss Day on November 20th.

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#### **10:00 am | Opening Prayer and Smudge**

Join us Live with our Okanagan Nation Response Team members for a morning prayer to start this important day!

#### **10:30 am - 11:00 am | Honouring Our Grief Journey**

Light a candle to honour and remember the loved ones we have lost. Connect with other survivors to share, listen, and heal. We will be sharing resources

#### **11:00 am - 11:30 am | Sharing Resources**

Sharing tools that will help remind us what to be aware of when we are all creating a healing space.

**OPEN TO SYILX NATION MEMBERS & COMMUNITY MEMBERS**

#### **For more info, please contact:**

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#chooselife



**Okanagan Nation Response Team**  
(ONRT) assists individuals and communities to find healthy paths along which people choose life.