

You Empowered Strong Program Presents:

When Love Hurts

RESPONDING TO VIOLENCE

Virtual Workshop

DATE July 14, 2021

TIME 9:00am - 4:30pm

Join us for a one-day workshop to learn more about the **When Love Hurts** model and practice to support those who are experiencing abuse .

We will explore how to use four essential exercises to help individuals name, understand and heal from their experiences of abuse .

Open to Syilx Okanagan Nation and Community Members



FOR MORE INFO:

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You Empowered Strong (YES)

The YES program provides community awareness, education and training as well as resources on de-normalizing violence and sexual violence.

